

# Chavana Spa

## Adaaran Prestige Vadoo

Open 10am to 9pm

**Journey of the Senses**      2 hrs 40 mins      \$169  
Immerse yourself in an unforgettable journey of the senses. Citrus Footbath ~ Lime Body Wash and Choice of Botanical Body Polish ~ Traditional Balinese Massage ~ Refresher Facial ~ Foot Massage.

**Frangipani Body Glow**      2 hrs      \$159  
Entice your body to an exfoliation with a difference. Warmed oils drizzled over your body ~ sumptuous Elemis Exotic Lime & Ginger Salt Glow massaged into the skin to slough away dryness ~ shower ~ embalm the body with Elemis Exotic Frangipani Monoi Oil ~ receive a relaxing scalp massage and a mini facial whilst wrapped in the fragrant cocoon ~ Traditional Balinese Massage.

**Heaven & Earth**      1 hr 20 mins      \$139  
This treatment package begins with a Traditional Balinese Massage to unwind and is followed with a Refresher Facial to leave you glowing.

**Chavana Massage**      1 hr 20 mins      \$139  
50 mins      \$119  
Chavana's signature massage is a fusion of global techniques performed by two therapists at the one time.

**Muscle Ease Massage**      1 hr 20 mins      \$119  
50 mins      \$109  
A deep tissue massage that relaxes the tired muscles, easing muscular tension and stress related knots.

**Traditional Balinese Massage**      1 hr 20 mins      \$119  
50 mins      \$109  
Passed down through the generations this massage is designed to loosen tight muscles and improve energy flow through the body.

**Asian Foot Massage**      50 mins      \$109  
Inspired by a selection of different Asian massage styles, this combination of strokes stimulates circulation, relieves tired and painful feet.

**Purity Facial**      50 mins      \$109  
Using fresh ingredients prepared daily in the Spa kitchen. This facial treatment delivers cleaner, healthier and smoother skin.

**French Pedicure**      1 hr 30 mins      \$99  
**Spa Pedicure**      1 hr 15 mins      \$89  
**French Manicure**      1 hr 15 mins      \$89  
**Spa Manicure**      1 hr      \$79  
A spa treatment designed for the hands and feet. Includes a hand or foot soak, nail care, nail polish and a relaxing hand and arm or lower leg massage.

**Elemis Pro-Collagen Quartz Lift Facial**      1 hr 15 mins      \$139  
Clinically proven, to reduce the number of wrinkles by up to 94%\* and improves skin firmness by up to 57%\*. Uses professional strength formulations for maximum efficacy, leaving a firmer, uplifted, more youthful looking appearance.

**Elemis Skin IQ+ Facial for Men**      1 hr 15 mins      \$139  
Clinically proven\*, this treatment is tailored to meet the needs of a hectic lifestyle and to combat the harsh, ageing effects of frequent shaving, environmental pollution and constant travel, giving men the ultimate skin overhaul with maximum anti-ageing results.

*\*Independent clinical trials*

**Elemis Skin Specific Facial**      1 hr      \$119  
**Fruit Active Glow** ~ Skin is deeply cleansed and stimulated by specialist Eastern massage techniques, whilst powerful conditioning actives nourish and renew vital radiance.

**Exotic Moisture Dew** ~ Following a specialist facial massage, the skin is fed with thirst-quenching actives that will bring back that healthy, dewy look to the skin.

**Herbal Lavender Repair** ~ Deep cleansing to draw out skin impurities, this facial will help reduce unwanted shine, refine the pores and treat skin breakouts.

**Elemis Exotic Frangipani Body Nourish Wrap**      45 mins      \$119  
Aromatic Tahitian Coconut and Frangipani flowers are soaked together to produce Monoi which is poured over the body then cocooned in a foil wrap and includes a mini facial. Drenches skin with moisture and provides ultimate radiance, vitality and all over body glow.

**Elemis Exotic Lime & Ginger Salt Glow**      45 mins      \$119  
A body exfoliation to invigorate and revitalise. After light body brushing, warm oil is dripped over the body, before the sublime Elemis Exotic Lime and Ginger Salt Glow is applied and followed by a mini facial. Skin is deeply cleansed and moisturised, leaving it glowing and vibrant, replenished and flawless.

**Gift Certificate**  
Gift certificate purchase is available for all spa treatments or at a value amount. Please contact our Spa Reception for further details.

**Homecare & Gifts**  
Luxury skin and body care products along with beautiful gifts are available at our spa boutique.



All prices are quoted in US Dollars (USD) and subject to 10% Service Charge and 12% Tourism, Goods and Service Tax. Rates are subject to change without prior notice.

